



## CaroLines Now Uses Recycled Paper

*Pick Up a copy of the CaroLines. Notice anything? Does the Paper look or feel any different?*

If you answered yes to the questions, then perhaps the thought crossed your mind that the *CaroLines* is being printed on recycled paper.

Carolina Mills is very interested in environmental issues and their effect on our employees, company, and community.

In an effort to aid in the conservation of one of our most precious natural resources, trees, the *CaroLines* will now be printed on Evergreen Gloss recycled paper. Evergreen Gloss contains 50% waste paper and meets U.S. Environmental Protection Agency guidelines for recycled paper.

The EPA defines "waste paper" as:

- Dry paper waste generated after completion of the papermaking process.
- Envelope clippings, bindery trimming, and other paper waste resulting from printing,

cutting, forming and other converting operations.

- Paper collected after it has passed through its end usage as a consumer item.

Carolina Mills encourages you to get involved with the recycling effort. Recycle any paper, aluminum, and plastic you use.

## Trees - A Valuable Natural Resource

Trees are one of the natural resources that is easy to take for granted. We enjoy the shade they provide and their natural beauty throughout the year. At Christmas, many assume that live trees will be available to decorate for the holiday season. Trees also provide us with paper, wood and food. However, the most important contribution

trees make, is the role they play in Earth's natural cycles.

Trees remove carbon dioxide from the atmosphere and store it, reducing the problem of global warming. A typical tree removes 25 to 45 pounds of carbon from the air every year. Trees also help to prevent flooding and to control soil erosion.

Although trees are important to the Earth's survival, the deforestation rate is much higher than that of our efforts to replace the destroyed trees. One way to cut down on this destruction is to recycle paper and to use recycled paper. In addition to reducing the amount of used landfill space, recycling paper uses 60 percent less energy than manufacturing paper from virgin timber.

Using recycled paper, is just one of the many ways that Carolina Mills is trying to do its part to help save our natural resources and our environment.

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## New President Of IMC



During the May 22, 1990 meeting of IMC (International Management Council), Jesse Hamlett was sworn in as the new President for the upcoming year. IMC was created by the YMCA in order for managers and supervisors to share management skills. The organization meets monthly to provide the middle manager an opportunity to experiment in working with people through an Education Committee.

Jesse is employed at Plant No. 3 in Newton as the 1st shift Carding and Spinning Supervisor. He was elected President of IMC after holding the position of 1st Vice-President. Jesse has been a member of IMC for 3 years. When asked how he feels about IMC, he responded with, "All who have the opportunity should get involved with IMC". He said it has helped him deal with people and problems. The organization is composed of secretaries and middle managers and Jesse feels that foreman would also benefit from the organization.

## The Fabric Rayon

*What fabric is soft, smooth, cool, practical, and eco-conscious?*

Try on rayon-the fabric of summer that will fall into fall.

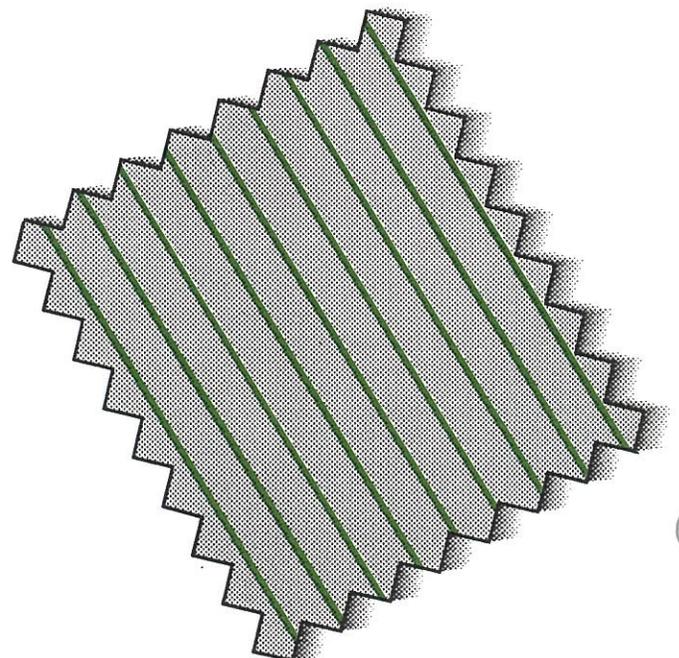
Once considered a low-end fiber for moderate-priced sportswear, rayon has gone high fashion. Its versatility is its chief appeal. The new rayons have so many different textures. It can look like a soft cotton, a crinkly crepe, an iridescent pseudo-silk or a thick velvet.

Rayon, a man-made natural fiber concocted from

reconstituted wood pulp - cellulose from pine, hemlock, spruce and eucalyptus trees - is the oldest of all man-made fabrics. Originally called artificial silk and popularized by Coco Chanel in 1915, its use declined after World War II, when folks wanted more easy-care polyesters and synthetics that didn't require heavy duty ironing.

Today, however, rayon is new, improved and easier to care for - it's more colorfast and shrinks less.

*USA Today  
June 20, 1990*





# This Could Be Your Lucky Day

If you are a Maiden High School football fan and feel lucky, then try your luck. All you need to do is turn your name in to your Personnel Administrator.

No Problem, Right. Read on to find out just how easy it is:

## 1

Write your name on a piece of paper and turn it in to your Personnel Administrator before the deadline of the game you want to attend. You can only submit names during weeks that a home game is played. Name tags will be thrown away after each drawing, so if you are interested in other games you must turn in your name each time.

## 2

All names will be sent to the Main Office and combined in a box.

## 3

The drawing will take place each Monday before a home game.

## 4

If your name is chosen, you will be notified on Monday before the home game.

## 5

The lucky winner will be given two passes for the football game along with a parking pass.

## 6

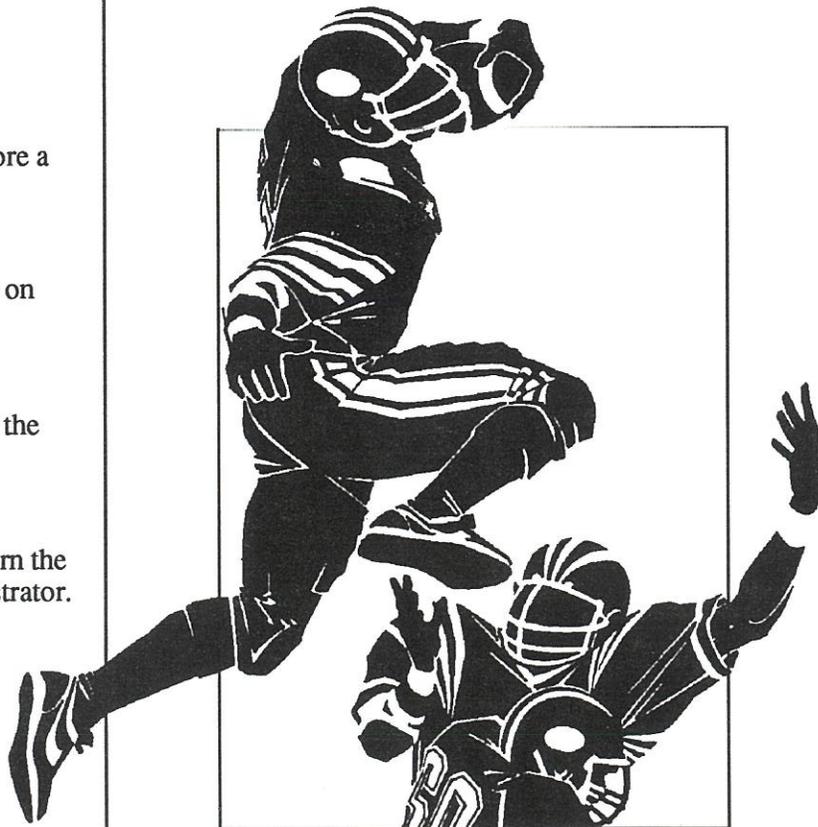
The Monday following the football game, return the tickets and parking pass to your Personnel Administrator.

The following is the Maiden High School Home Football Schedule and the deadline for your name to be turned in to your Personnel Administrator.

# FOOTBALL SCHEDULE

<u>DEADLINE</u>	<u>GAME DATE</u>	<u>VISITING TEAM</u>
August 24	August 31	Fred T. Foard
September 7	September 14	Bandys
September 21	September 28	Bessemer City
October 5	October 12	Newton-Conover
October 19	October 26	Mooresville

Carolina Mills will give two tickets to Maiden High School home football games and a special parking pass to the two lucky persons whose names are drawn from the box.





# Textile Bill Update

Ed Schrum joined other North Carolina textile executives in Washington, DC to meet with the state's congressional delegation to discuss the progress of the 1990 Textile Bill. The meeting was organized by U.S. Senator Jesse Helms.

Among other things, the group primarily discussed strategy for passing the textile bill which was introduced in both the U.S. House and Senate in early April. The bill would limit imports to 1 percent annually. In recent years, foreign textile imports have increased by more than 12 percent each year.

"The meeting was very constructive," said U.S. Representative Cass Ballenger. "Our hope is that both the House and Senate will vote on the bill sometime before the end of the summer. However, we will wait and see how quickly we can get House and Senate leaders to allow debate on this important issue."

The Fiber, Fabric and Apparel Coalition for Trade (FFACT) is comprised of members of the Textile Industry and supporters of the Textile, Apparel and Footwear Trade Act of 1990 (H.R. 4496 and S. 2411). FFACT Chairman Dan Frierson, Dixie Yarns, Inc. said "support for the textile

bill in the Congress and throughout the country is as strong as we have ever seen it." There are 241 co-sponsors in the House and 55 Senate co-sponsors.

Senator Ernest F. Hollings (D-S.C.) chairman of the Senate Textile Steering Committee, and Rep. Marilyn Lloyd (D-Tenn.), chairman of the Congressional Textile Caucus, commended FFACT members for their efforts. Hollings added he believed the bill can be enacted this year as Congress is increasingly concerned about losing the trade war. "We are in the best position we have ever been," Hollings said. "We have our strongest case....This is the year we can do it."

The Textile, Apparel and Footwear Trade Act of 1990 (S.2411) cleared its first hurdle on June 21 when it was reported by the Senate Finance Committee for consideration by the Senate, which could come anytime. Committee Chairman Lloyd Bentsen (D-TX) said he had agreed to a request by Senator Ernest F. Hollings (D-SC) to report the bill without further delay because of its "widespread support in Congress."

The Fiber, Fabric & Apparel Coalition for Trade

is continuing to seek additional support for the measure in both the Senate and the House in order to obtain congressional approval by a margin sufficient to persuade the President that the bill warrants his signature.



# Catawba Science Center

The Catawba Science Center in Hickory, is an educational and exciting exhibit for children of all ages. As an employee of Carolina Mills, you get into the Science Center FREE. Also, there are 98 other exhibits where you have free admission. One is Discovery Place in Charlotte. The Science Center sponsors family field trips, summer programs and many live exhibits. They also offer scholarship programs for those who may need help. Every 2 months the Science Center distributes brochures explaining what special events are going to take place. These brochures are placed in the canteens of each plant. The Science Center is located in the Arts Center building and open 6 days a week. You can call the Center at 704/322-8169 for details. Let's all take advantage of this opportunity and visit the Catawba Science Center.



## On The Move

### Transfers



**Debbie Rigney** has recently been transferred from the Credit Department to Carolina Maiden Sales. She has been employed with the company for 1 1/2 years. Debbie is a graduate of Lenoir Rhyne College, and lives in Hickory and enjoys aerobics, reading and being outdoors after working hours.

### Promotions



**Leon Sigmon** was recently promoted to Supervisor over the Spinning and Carding Departments at Plant No. 8 in Maiden. Leon began as a packer in Winding and has been with Carolina Mills for 13 years. He lives in Lincolnton with his wife, Ann and two children, Dana, 19 and Chad, 17. Outside of work, Leon enjoys going hunting.

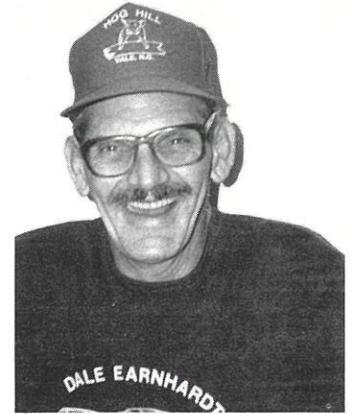
### Retirement

**Margaret Lineberger** is retiring after 17 years of service at Plant No. 2 in Newton.

### Retirees



After 34 loyal years, **Rose Teague** has retired. Rose retired on May 31, 1990 from Plant No. 12 in Statesville. She began as a rewinder and became a spooler. Now that she has retired, Rose plans to spend her time taking trips and going out to eat. She will remember the retirement dinner given to her by her co-workers for a long time. They gave her a microwave, broom, and friendship as going away presents. Rose and her husband, Loyd reside in Statesville and attend Monticells Baptist Church.



**Dillard Stiles** retired after almost 43 years of service at Plant No. 2 in Newton. He joined Carolina Mills August 8, 1947 as a picker tender and changed to sweeper/can hauler when the plant was revamped in 1975. Dillard enjoyed a retirement dinner with food, cake and a gift from his co-workers. Dillard can remember when the plant was lit with the light bulbs hanging from the ceiling and then only over the machines. He plans to travel when his wife retires. He wants to go to Texas and Florida. He also will do some fishing and continue to play his guitar.



# Carolina Mills

## Textile Citizens

### Of The Year

*The Carolina Mills Textile Citizens of the year are proudly saluted for all their volunteer activities. Each employee was chosen for his/her job performance and achievements, along with their community service. These employees are just a few of Carolina Mills best.*

*Each nomination form was sent to Raleigh as an entry in the North Carolina State Competition. The state finalists will be announced July 6. The eleven state finalists will have dinner, visit the Governor's Mansion and attend the award ceremony where the North Carolina Textile Citizen of the Year will be announced.*

*All state winners will spend 3 days in the United States Capital, Washington, DC for the national competition. While in Washington, they will tour the city. The National Winner will be announced at an awards ceremony on October 3. A \$1000.00 cash award will be presented to the winner.*

*Carolina Mills is proud to have people employed with the company that devote their spare time to helping the community, neighbors, and friends.*

**Noah (Frank) Bottoms**  
Plant No. 14  
Weaver

*Member of Beulah Baptist Church  
Has responsibility of two grandchildren  
Participates in charity work in the community.*



**Charles Keith McCaslin**  
Plant No. 1  
Carding Foreman

*Member and Chairman of Town Planning Board  
Church Choir Member  
Secretary, Treasure First Methodist Church  
Active in Lions Club  
Active in American Legion*



**David E. Williams**  
Plant No. 2  
Spinning Foreman

*Active in East First Baptist Church  
Member Williams Family Gospel Group  
Member Plant No. 2 Safety Committee  
Maiden Community Center Volunteer  
Coaches Basketball  
Organized baseball teams  
Donates money for Scholarships  
Junior Police Camp Volunteer*



**Louise R. Propst**  
Plant No. 8  
Spinner

*Member of Mt. Olive FBH Holiness Church  
Secretary of Sunday School Class  
Secretary of Missionary Group  
Choir Member  
Voted Mother of the Year for the NAACP  
Provides daily transportation to babysitters for the child of a co-worker.*



**Cynthia Campbell**  
Plant No. 12  
Head Creeeler

*Choir member at Shiloh Ame Zion Church  
Alternate Secretary for Mission Board  
Volunteer School Bus Driver  
Tends to elderly people at Autumn Care Nursing home.  
Assistant Sunday School Teacher*



**Betty Jo Reinhardt**  
Plant No. 3  
O. E. Spinner

*Attends Glories Church of God in Newton  
Take disadvantaged children to the playground and out to eat on weekends.  
Baby sits for foster parents  
Active in fund raisers for foster children*



**Gerald Blanton**  
Plant No. 4  
Management Trainee

*Scout Master  
President of Catawba Valley Exchange Club  
Lakeland Assistant District Commissioner  
Received Scout Master of the Year  
Received Lakeland District Merit Award*



**Shella Simmons**  
Plant No. 5  
Winder Tender

*Sunday School Teacher  
Girl Scout Leader for 3 different troops  
Involved in Special Olympic Programs  
Active in PTA  
Voted Girl Scout Leader of the Year*



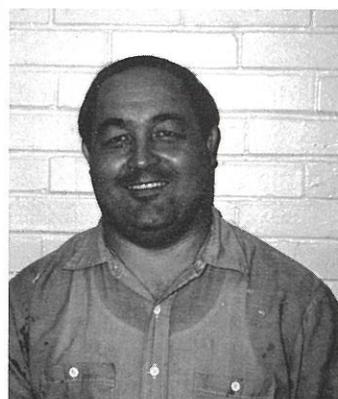
**Eula Chapman**  
Plant No. 6  
Janitor

*Member of West Lincoln Baptist Church  
Sunday School Teacher  
Choir Member  
Visits shut-ins in the community  
Makes cookies and cakes for the elderly*



**James Chambers**  
Plant No. 29  
Warehouse Crew Foreman III

*Member of New High Springs Baptist Church  
Board of Deacons Chairman  
Visits rest homes, hospitals, and sick on a systematic schedule.*



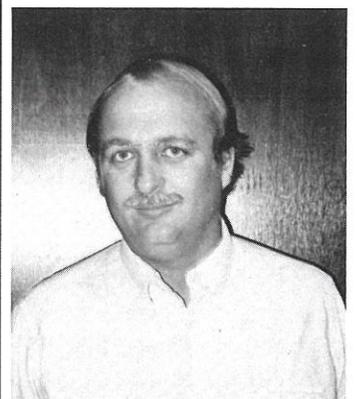
**Roger D. Laws**  
Plant No. 21  
Carding Foreman

*Member of North Gaston Church of God  
Serves on the Finance Committee  
Involved in the Men's Council  
Former Choir Director  
Former Sunday School Superintendent*



**Faye P. Wright**  
Plant No. 22  
Winding Room Packer

*Member of New Hope Al-Anon Family Group  
Member of National Al-Anon Family Group  
Speaker at State, National, and International Conferences.*



**Brian Keith Spencer**  
Plant No. 24  
Area Supervisor

*Active in the East Gaston Girls and Boys Club  
Coaches baseball, basketball, and football  
Takes groups camping  
Received 1989 Appreciation Award  
Voted Volunteer of the Year  
Voted Man of the Year for East Gaston Girls and Boys Club*



# Health

## And Safety

### Skin Cancer

Most skin cancer cases are associated with exposure to ultraviolet (UV) radiation - and the prime source is the sun. Skin cancer caused by sunlight may take many years to develop, so current statistics reflect damage - tanning and burning - from years back. Most skin damage starts in childhood. It might take ten or twenty years to develop melanoma, or longer to develop other types of skin cancer. The gradual depletion of the earth's ozone layer allows more solar radiation to reach the earth's surface and may be contributing to the rise in skin cancer rates. There's increasing evidence that melanoma is related to intense, occasion - rather than continual - sun exposure. The danger of melanoma is that it tends to metastasize relatively early. A cancer the size of a dime has probably already spread. Basal-cell and squamous-cell skin cancers are much less likely to spread - and therefore much less likely to be fatal.

Prevent skin cancer by spending less time in the

sun, especially between the hours of 10 am and 3 pm during the warmer months, when UV rays are strongest. Wear a sunscreen with an SPF (Sun Protection Factor) of 15 or higher, and for maximum protection apply the sunscreen 20 to 30 minutes before you go out in the sun. Most sunblock products primarily screen out ultraviolet B rays - the so-called burning rays - which were once thought to be the most harmful. Now scientists realize that the ultraviolet A rays may contribute to skin cancer risk. Tanning booths use UV-A rays and are no safer than the sun.

Regular skin self examination can help ensure that a cancer will be recognized while still in its early stages and completely curable. See a dermatologist if you find anything suspicious. Basal-cell and squamous-cell skin cancers often appear as pale, waxlike, pearly nodules, or red, scaly, sharply outlined patches. Any change in an existing mole should be checked by a physician, since this may be a sign of melanoma. Or melanoma can arise in previously normal skin, as small molelike growths that increase in size, change color, become ulcerated and

bleed easily from a slight injury.

The warning signs of melanoma can be easily remembered by the first four letters of the alphabet: "A" stands for asymmetry - one half of the mole does not match the other half. "B" is for border irregularity - the edges are ragged, notches, or blurred. "C" is for color - the pigmentation is not uniform. "D" is for diameter greater than 6 millimeters (about the size

of a pencil eraser). Any large mole should be checked by a dermatologist, as should any mole that suddenly or continually increases in size.

Once diagnosed, skin cancer is usually treated surgically. Sometimes, especially in older individuals or cases of malignant melanoma, radiation therapy or chemotherapy may be recommended.

*Submitted by Carol Wilson, RN  
From Redbook, June 1990.*

*Scrubby Bear says*

### 'Don't Get Sick, Wash Up Quick'

The American Red Cross (ARC) has invented a character to spread the word about the benefits of hand washing.

ARC has joined with the National Digestive Diseases Information Clearinghouse (NDDIC) in a new program. They are producing educational aids designed to prevent the spread of infectious diseases among children in day care facilities. Targeted are diarrhea, hepatitis A, and upper respiratory infections.

Because so many children are in group day care situations, they are exposed to the germs that can cause these infections.

"Scrubby Bear" is the new symbol of the importance of hand washing. A brochure showing Scrubby will be distributed to day care centers by ARC. Accompanying the brochure are stickers of Scrubby Bear to be posted in play areas, bathrooms, kitchens, and anywhere children can be reminded to wash their hands.



*Scrubby Bear*

If Scrubby doesn't appear at your day care center within the next few months, contact your local Red Cross chapter.



# Credit Union News

***"Members Are The Heart Of The Credit Union.  
They Are The Reason For  
The Credit Union's Existence."***

Sometimes we all get so wrapped up in the things that keep our lives busy that we overlook the most important things - like saying "Thank You".

Our goal is always to provide premium service and financial products to you, but if we ever fall short, please let us know.

We appreciate your business and your opinion. Thanks for being our customer!

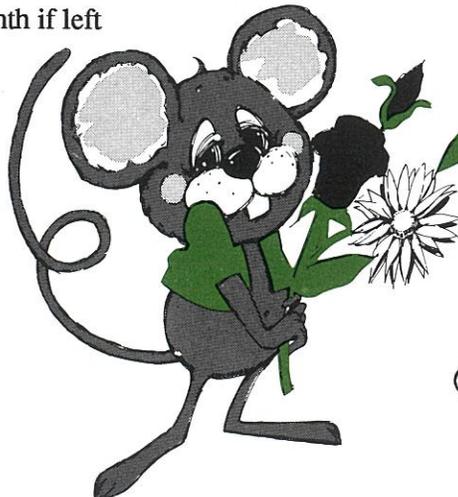
## CAROLINA MILLS EMPLOYEES' CREDIT UNION

We are happy to report that you will be receiving the same good dividend rates on savings for July, August and September as follows:

Less than \$1,000	6%
\$1,000 - \$1,999.99	7%
\$2,000 - \$4,999.99	8%
\$5,000 and up	9%

All monies deposited by the 10th of the month will receive interest for the whole month if left in the account through the end of the quarter.

At the present time, there is no limit on deposits. All accounts covered up to \$100,000 by NCUA Share Insurance.



## Truck Driver Wins Award

In March 1990, Ray Shoemaker was secretly nominated for the Recognition Award at the Hoechst Celanese, Spartanburg Plant. Ronnie McCraw nominated Ray for his dedicated service and contributions. June 14, 1990, Judy Cash from Hoechst Celanese presented Ray with the Appreciation Award and a framed copy of his nomination. The nomination stated that Ray's dedication and attitude as a truck driver



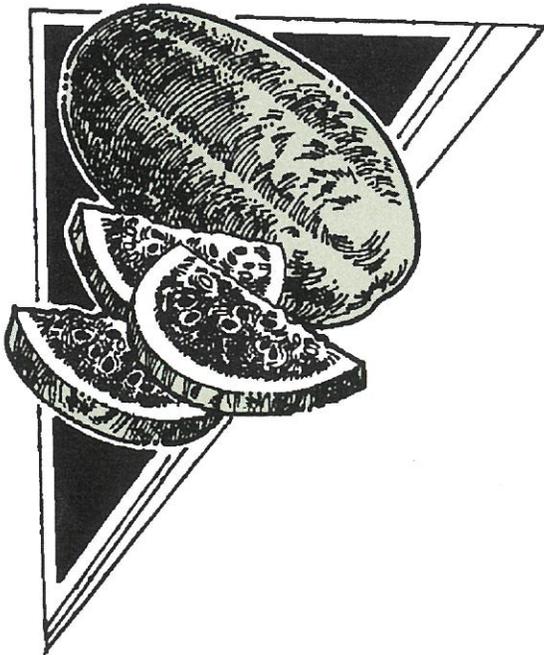
along with his politeness and consideration make him a valuable person. Ray was also featured in the April issue of the CaroLines for his speedy recovery after open heart surgery.

*Thanks...  
for using your  
Credit Union!*



## Office Picnic

*Everyone enjoyed hotdogs and hamburgers at the spring picnic held each year for the Main Office at the Carolina Mills Clubhouse along with a messy dessert, watermelon. For entertainment, Nancy Jones from the Catawba County Arts Council shared spiritual, religious, and negro folk songs. Ms. Jones is a Catawba County school teacher and sings for churches and organizations in her spare time.*



*Carolina Mills Employees as they enjoy the concert.*



Frances Ervin, in her Carolina Mills casual attire enjoying her messy dessert.



Cathy Greathouse, representing the Catawba County Arts Council, introduced Artist in Resident, Nancy Jones.

# Celebration Crossword

1	2	3	4		5	6	7	8
9					10			
11				12				
13				14				
			15					
	16	17				18	19	20
21					22			
23					24			
25					26			

## ACROSS:

1. Statutes
5. Not that
9. Isaac's son
10. Nevada city
11. July 4th or Canada Day event
13. Scottish cap
14. July birthstone
15. Hole
16. Telegram
18. Roll of money
21. July flower: 2 words
23. July drinks
24. Otherwise
25. Jewels
26. Smell

## DOWN

1. Departed
2. A continent
3. Like July weather
4. Take to court
5. Rainbow fish
6. Oregano or thyme
7. Black
8. Distress signal
12. More ironic
15. Iron clothes
16. Walk through water
17. Bit of news
18. Not tame
19. Besides
20. Tint user
21. Joker
22. July sign

see Page12 for answers.



## Carolina Mills

# Employee Discounts

### Carolina Mills Ballcaps

Green and White..... \$ 2.75  
Green Corduroy..... \$ 5.00

### Carolina Mills Sweatshirts

Grey, size small..... \$ 5.00

### Carolina Mills Books

Cookbook..... \$ 5.00  
Christmas Cookbook..... \$ 5.00

### Carolina Mills Windshield

Covers ..... \$ 4.00

### Carolina Mills Key Chains

Key Chain..... \$ 4.00

### United Artists Theaters

#### (Crown Cinemas)

Movie makers have placed restrictions on the purchase and use of discount tickets on all newly-released movies. Therefore, Carolina Mills will no longer have tickets for the United Artists Theaters located in Hickory, NC.



Adult tickets.....\$16.10  
Students.....\$11.50  
Children under 11.....FREE



7 to 59 years.....\$13.95  
4 to 6 years.....\$ 9.00  
over 60 years.....\$ 9.00  
Children 3 and under.....FREE



### CHIMNEY ROCK PARK

Adults.....\$ 5.00  
6 to 15 years.....\$ 3.00  
under 6 years.....FREE



\$2.00 Discount Off Admission Ticket



Adult tickets..... \$8.00  
Children.....\$6.00  
(Ages 4 -12 and 60 and over)  
Under 4.....FREE

# Announcements

## Correction

(In the June issue of the CaroLines the picture of the Secretaries was incorrectly labeled. It should have read, (l to r): Donna Davis, Frances Ervin, Beth Keisler and Frances Garriss.

## Graduate

Amy "Katie" McRary graduated from South Caldwell High School. She is the daughter of Max McRary, Plant Manager at CM Furniture.

## Reminder

Remember August 4th is the night - Carolina Mills Employee Appreciation Night at the Hickory Motor Speedway. All employees will receive four tickets with their paycheck. Make plans to attend and have a wonderful time.

L	A	W	S		T	H	I	S
E	S	A	U		R	E	N	O
F	I	R	E	W	O	R	K	S
T	A	M		R	U	B	Y	
			P	I	T			
	W	I	R	E		W	A	D
W	A	T	E	R	L	I	L	Y
A	D	E	S		E	L	S	E
G	E	M	S		O	D	O	R

Page 11 puzzle answers

## Carolina Mills Inc.

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